



United Cerebral Palsy Association of San Diego

Services specifically for children with disabilities and their families are:

- 1) **Toy and Software Lending Library for Children with Disabilities** – for children with a developmental age of 0 to 5 years old. Program is mobile using community sites throughout San Diego County with a library of over 2,000 adaptive, educational toys and literacy theme kits.
- 2) **Assistive Technology Center** – offers adaptive computer access evaluations for children with disabilities, augmentative communication device assessments, open labs to learn about a wide range of computer software/hardware and communication devices, loan programs, individual consultations and training services. Website: www.ucpsdtechcenter.org
- 3) **Respite for Parents** – offers a short, refreshing break for parents from their demanding daily care routines with a complimentary stay at a local resort hotel and a cash stipend for childcare.
- 4) **Adapted Aquatic & Infant Water Adjustment Classes** – for infants ages 6 months to 3 years with parents and learn to swim classes for ages 3 – 12 years. Classes are held at the Copley YMCA on Saturday mornings.
- 5) **Sibling Support Group** – for siblings of children with disabilities ages 8 to 13 years old based on the "Sibshop" model
- 6) **Funding Sources for Equipment** – through a partnership with the Change A Life Foundation, UCP applies on behalf of low-income families for cash grants to purchase durable medical equipment.
- 7) **Pediatric Equipment Recycling** – UCP accepts used pediatric equipment and redistributes it to families at no cost. View available equipment at www.cecilyscloset.org
- 8) **Community News** – subscribe to monthly newsletter for parents regarding local events, advocacy information and resources by e-mail delivery or by mail
- 9) **Information and Referral** – provides extensive information and referral services for families on local resources related to cerebral palsy and other disabilities.

Contact Information: United Cerebral Palsy Association of San Diego County
8525 Gibbs Drive, St. 209
San Diego, CA 92123
(858) 571-7803
www.ucpsd.org or e-mail: info@ucpsd.org

UCP also offers programs and services for adults with cerebral palsy and other disabilities. Please contact us for more information.