



**NORTH COASTAL CONSORTIUM FOR SPECIAL EDUCATION**  
Community Advisory Committee  
255 Pico Avenue, Suite 101, San Marcos, California 92069-2701  
Phone • 760-761-5110 • Fax • 760-471-2008 • [www.nccse.org](http://www.nccse.org)

## **November 2013 Resources for Families**

Provided to share information regarding special education-related activities and not necessarily endorsed or sponsored by the CAC or the NCCSE.

### **NEXT NCCSE Community Advisory Committee Meeting**

**Wednesday, January 22, 2014**

**6:30 – 8:30 pm**

**255 Pico Avenue, San Marcos, CA 92069**

**Presentation on Carlsbad High School's Peer Mentor Class**

**SAVE THE DATE!**

**Saturday, March 8, 2014**

**10:00 am – 12:00 noon**

**Summers Coming!**

**Recreation and Resource Fair**

**Come explore recreation opportunities and resources for children with special needs**

This document includes:

1. Events and workshops provided by NCCSE, in order by date
2. Events/workshops/resources sponsored by other agencies
3. Not for profit community agencies that serve people with disabilities and their families
4. Information on workshops/events/resources available in Spanish (información en español).

## NCCSE Professional Development Workshops – Free to Parents within NCCSE School Districts

Many NCCSE Professional Development workshops are available and free to parents whose children attend one of the school districts that are a part of NCCSE: Bonsall Union, Cardiff, Carlsbad Unified, Del Mar Union, Encinitas Union, Fallbrook Union Elementary, Fallbrook Union High, Oceanside Unified, Rancho Santa Fe, San Dieguito Union High, San Marcos Unified, Solana Beach, Vista Unified, and Vallecitos. Also for families whose children receive services through California Early Start.

**For more information about workshops, see the Professional Development link at [www.nccse.org](http://www.nccse.org).**

Date(s) and Time	Topic, Presenter, Intended Audience	Location	Registration
<p><b>January 15, 2014</b></p> <p>12:30 pm – 3:30 pm</p>	<p><b><i>Rock On! Music in the Upper Grades</i></b>  <b>Audience:</b> Middle and high school special education staff and parents  <b>Description:</b> This workshop offers simple and effective ways to enhance educational programming through music and arts-based approaches, tailored specifically for middle and high school aged students. You'll come away with innovative ideas that access new pathways to learning and self-expression. Get ready to boost your knowledge on these exciting topics:</p> <ul style="list-style-type: none"> <li>• The latest research on music and the brain</li> <li>• Linking music and the arts with educational standards</li> <li>• Strategies for social interaction and team building</li> <li>• Music and technology</li> <li>• Selecting appropriate popular music for group learning</li> <li>• Building on students' special interests</li> <li>• Infusing song writing, music recording, visual art, movement, drama, and movie making into the curriculum</li> </ul>	<p>North County Regional Education Center                  255 Pico Avenue                  San Marcos, 92069</p>	<p>FREE to families and staff within NCCSE school districts                  To register: See the 'professional development' link at <a href="http://www.nccse.org">www.nccse.org</a>                  For more information contact Fabiola Vasquez at 760-761-5119 or <a href="mailto:fvasquez@sdcoe.net">fvasquez@sdcoe.net</a></p>

Date(s) and Time	Topic, Presenter, Intended Audience	Location	Registration
<p><b>Six part series</b>  Wednesdays,  January 22, 2014  February 5 &amp; 19, 2014  March 5 &amp; 26, 2014  April 9, 2014</p> <p>6:00 pm – 8:00 pm</p>	<p><b><i>Life Planning Project</i></b>  <b>Audience:</b> parents, family members and guardians of people with developmental disabilities  <b>Description:</b> A series of six workshops designed to help you create your own detailed plan for your family member’s future. Topics covered: Why plan?; Building Skills and Relationships; Work, Retirement and Leisure; Housing Options; Legal Issues; Setting Goals.</p>	<p>North County Regional Education Center  255 Pico Avenue  San Marcos, 92069</p>	<p>FREE to families within NCCSE school districts  To register: call Wendy Smith at 619-938-2876 or email her at <a href="mailto:wendy@guidinghands.org">wendy@guidinghands.org</a></p>
<p><b>Six part series</b>  Thursdays,  January 30, 2014  February 6 &amp; 13, 2014  March 6, 13 &amp; 20, 2014</p> <p>6:00 pm – 8:00 pm</p> <p><b>PLEASE PLAN TO ATTEND ALL 6 SESSIONS</b></p>	<p><b><i>Parenting the Love and Logic Way</i></b>  <b>Presenter:</b> Robyn Hubbard, School Psychologist and Program Specialist with Solana Beach School District and certified facilitator of the Love and Logic Way  <b>Audience:</b> parents, family members and guardians of children with special needs or disabilities  <b>Description:</b> Learn how to:  Put an end to arguing; Teach responsibility without losing their love; Set limits without waging war; Avoid power struggles; Guide your kids to own and solve their problems; Teach kids to complete chores without reminders and without pay; Designed to give you practical skills that can be used immediately!</p>	<p>Oceanside Unified School District  Educational Support Services Bldg., Room 1  2080 Mission Avenue  Oceanside 92058</p>	<p>FREE to families and staff within NCCSE school districts  To register: See the ‘professional development’ link at <a href="http://www.nccse.org">www.nccse.org</a>  For more information contact the NCCSE Parent Liaison at 760-761-5120 or <a href="mailto:lhoughtelin@sdcoe.net">lhoughtelin@sdcoe.net</a></p> <p><b>PLAN TO ATTEND ALL 6 SESSIONS</b></p>
<p><b>Saturday, February 8, 2014</b></p> <p>9:00 am – 1:30 pm  (lunch on your own)</p>	<p><b><i>The ABCs of IEPs for Parents</i></b>  <b>Audience:</b> parents, family members and guardians of children with special needs or disabilities  <b>Description:</b> If you are the parent or guardian of a child who receives special education services, this workshop is for you! Learn about the nuts and bolts of the special education process from the perspective of a program specialist and a parent, including the components of an IEP, how to prepare for IEP meetings, rights and responsibilities, and how to create partnerships that work for you and your child.</p>	<p>North County Regional Education Center  255 Pico Avenue  San Marcos, 92069</p>	<p>FREE to families and staff within NCCSE school districts  To register: See the ‘professional development’ link at <a href="http://www.nccse.org">www.nccse.org</a>  For more information contact the NCCSE Parent Liaison at 760-761-5120 or <a href="mailto:lhoughtelin@sdcoe.net">lhoughtelin@sdcoe.net</a></p>

Date(s) and Time	Topic, Presenter, Intended Audience	Location	Registration
<p><b>Saturday, February 8, 2014</b></p> <p>9:00 am – 3:30 pm (lunch on your own)</p>	<p><b><i>S’cool Moves: Activities for Home that Support IEP Goals</i></b>  <b>Presenter:</b> Patti Palomar  <b>Audience:</b> parents, family members and guardians of students kindergarten through 5<sup>th</sup> grade with mild to moderate disabilities  <b>Description:</b> Teaches neurosensory activities for academic success. Will share strategies to help assist your child in meeting their IEP goals by enhancing their readiness to learn. This workshop will be hands-on, upbeat, and fun! Wear comfortable clothes and be prepared to move and stretch!</p>	<p>North County Regional Education Center  255 Pico Avenue  San Marcos, 92069</p>	<p>FREE to families and staff within NCCSE school districts  To register: See the ‘professional development’ link at <a href="http://www.nccse.org">www.nccse.org</a>  For more information contact the NCCSE Parent Liaison at 760-761-5120 or <a href="mailto:lhoughtelin@sdcoe.net">lhoughtelin@sdcoe.net</a>  Workshop is limited to 20 participants.</p>

### Workshops, Conferences, Events, Services Sponsored by Other Agencies

**A reminder to parents/family members/guardians: be sure to verify that background and fingerprint checks have been completed for your child’s providers.**

Date(s) and Time	Topic	Location	Registration
<p>Ongoing on Saturdays  2:00 pm – 3:00 pm</p>	<p><b>Orion Martial Arts Special Needs Program for Kids and Adults</b>  Designed to teach coordination and agility, anti-bullying exercises and methods that help build self-esteem and self-confidence.</p>	<p>Orion Martial Arts  635 N. Twin Oaks Valley Road #1  San Marcos 92069</p>	<p><b>\$40 for every four classes</b>  Preregistration is required  <b>For more information:</b>  <a href="http://www.orionmartialarts.com">www.orionmartialarts.com</a>  or 760-445-9731</p>
<p>Saturdays November 2 – December 7, 2013  <b>Wheelchair dance</b>  10:00 am – 11:00 am –  <b>Adaptive yoga</b>  11:15 am – 1:00 pm</p>	<p><b>Wheelchair Dancers Organization</b>  <b>For people with physical disabilities of all ages</b></p>	<p>Challenged Athletes Foundation  9591 Waples Street  San Diego 92121</p>	<p><b>For more information:</b>  Beverly 858-573-1571  <a href="mailto:bevweurding@san.rr.com">bevweurding@san.rr.com</a>  Joe Torres 619-760-7584  <a href="mailto:dance-whisperer@live.com">dance-whisperer@live.com</a>  Pat Frega 760-685-1044 <a href="mailto:pfrega@gmail.com">pfrega@gmail.com</a></p>
<p>Friday,  December 13, 2013  6:30 pm – 8:30 pm</p>	<p><b>Special Needs Nexus Holiday Potluck and Bunco</b>  All adults are welcome to attend. Bring a dish to share.</p>	<p>Seaside Center  1613 Lake Drive  Encinitas</p>	<p><b>Free – no RSVP needed.</b>  For more information: Deb Johnson 760-496-9074</p>

Date(s) and Time	Topic	Location	Registration
Games played on Saturdays February 2104 – April 2014	<b>Vista Spirit Challenger T-Ball and Softball</b> For boys and girls 4-1/2 through 17 years old.		<b>Online registration:</b> begins November 13. - <a href="http://www.vistags.org">www.vistags.org</a> <b>Walk in registration:</b> December 14 and January 4 <b>\$85 fee includes uniform &amp; trophy</b> <b>For more information:</b> Faygene Barber 760-672-4325 or email <a href="mailto:spirit@vistags.org">spirit@vistags.org</a>
Saturday, December 14, 2013 10:30 am	<b>Autism Friendly Performance</b> <b>How the Grinch Stole Christmas</b>	The Old Globe Theater 1363 Old Globe Way San Diego, CA 92101-1696	<b>For more information:</b> <a href="http://www.autismsocietysandiego.org">www.autismsocietysandiego.org</a> <b>For frequently asked questions:</b> <a href="http://www.theoldglobe.org/pdf/education/sensory_friendly_FAQs.pdf">http://www.theoldglobe.org/pdf/education/sensory_friendly_FAQs.pdf</a>
Sunday, December 15, 2013 1:00 pm – 4:00 pm	<b>Down Syndrome Association</b> <b>Annual Holiday Social</b> Lunch, Santa, Gifts, Entertainment	Sheraton San Diego Hotel and Marina Marina Tower Harbor Island Ballroom 1380 Harbor Island Dr. San Diego, 92101	<b>Cost for members and non-members</b> <b>Register:</b> <a href="http://holidaysocial.kintera.org/dsasd">http://holidaysocial.kintera.org/dsasd</a> <b>More information:</b> 619-594-7389
Ongoing Thursdays 11:00 am – 12:00 pm	Sponsored by Hidden Treasures Thrift Store <b>Learn Modern Line Dance</b> Come dance with us – easy dance steps! No dance experience necessary All ages and abilities welcome – promoting understanding and integration between our special needs and general community.	Fallbrook Community Center 341 Heald Lane The North Room	<b>Fee:</b> \$8.00 per class <b>For more information:</b> <a href="http://www.hiddentreasuresoffallbrook.com">www.hiddentreasuresoffallbrook.com</a> 760-723-2800
Ongoing Sundays (except the first Sunday of each month)  2:00 pm – 3:00 pm	<b>Miracle Movers Special Needs Dance Classes</b> All ages/abilities welcome Will include creative movement therapy and spatial awareness dances as well as ballet and tap technique. Informal performances. The first class is free to assess suitability.	Performing Arts Workshop 681 Encinitas Blvd., Ste. 309 Encinitas 92024	<b>Cost:</b> \$50 a month (3 weeks each month) Or \$20 per class <b>For more information:</b> 760-753-2671 <a href="http://www.dancepaw.com">www.dancepaw.com</a>

Date(s) and Time	Topic	Location	Registration
Ongoing	<b>Mountain Shadows After School Care for Children with Autism</b> Children with autism ages 6 – 18. Educationally based afterschool program that incorporates ABA principles.	970 Los Vallecitos Blvd. Suite 140 San Marcos, CA 92069	<b>For more information:</b> 760-736-8983 <a href="http://www.mtnshadows.org">www.mtnshadows.org</a>
Ongoing	<b>Mountain Shadows Adult Services</b> Several day program options available, including a senior support program.	970 Los Vallecitos Blvd. Suite 140 San Marcos, CA 92069	<b>For more information:</b> 760-736-8983 <a href="http://www.mtnshadows.org">www.mtnshadows.org</a>
Ongoing	<b>Project College</b> Tailored day service focusing on young adults who are attending college and would like additional support to enhance success, for a maximum of 10 hours a week. For eligible San Diego Regional Center clients through their service coordinator.		<b>For more information:</b> David Drazenovich, Director 858-278-5420 x131 or <a href="mailto:ddrazenovich@ucpsd.org">ddrazenovich@ucpsd.org</a>
Ongoing	<b>Xcite Steps Regional Center Funded Adult Day Program</b>	For the North Coastal San Diego County Area	<b>For more information:</b> Drew Jeglinski 858-353-5595 <a href="mailto:drew@excitesteps.com">drew@excitesteps.com</a>

## EFMP (Exceptional Family Member Program) EVENTS FOR MILITARY FAMILIES

<p>Friday, November 29, 2013 6:30 pm</p> <p>Doors open 30 minutes prior</p>	<p><b>Sensory Friendly Film</b> <b>Free Birds</b> (lighted theater, reduced volume, okay to bring refreshments for family members with special dietary needs – concession stand also open) Box office will only accept cash, concession stand will accept credit cards for purchases over \$5.00 only)</p>	<p>Bulldog Box Office Camp Pendleton</p>	<p>For more information: Winona Britt at <a href="mailto:Winona.Britt@usmc.mccs.org">Winona.Britt@usmc.mccs.org</a> 760-725-3175 or <a href="http://www.mccscp.com/efmp-calendar">www.mccscp.com/efmp-calendar</a></p>
<p>Sunday, November 24, 2013 1:00 pm – 2:00 pm</p>	<p><b>EFMP Meet &amp; Greet</b></p>	<p>San Onofre III Lincoln Military Housing Community Center Playground</p>	<p>For more information: Winona Britt at <a href="mailto:Winona.Britt@usmc.mccs.org">Winona.Britt@usmc.mccs.org</a> 760-725-3175 or <a href="http://www.mccscp.com/efmp-calendar">www.mccscp.com/efmp-calendar</a></p>
<p>Monday, November 25, 2013 9:30 am – 10:30 am</p>	<p><b>EFMP Talk and Walk</b></p>	<p>Track at Paige Fieldhouse Mainside Camp Pendleton</p>	<p>For more information: Winona Britt at <a href="mailto:Winona.Britt@usmc.mccs.org">Winona.Britt@usmc.mccs.org</a> 760-725-3175 or <a href="http://www.mccscp.com/efmp-calendar">www.mccscp.com/efmp-calendar</a></p>
<p>Second Thursday of each month 10:00 am – 11:00 am</p>	<p><b>EFMP Play Group</b></p>	<p>Camp Pendleton ADA Playground Lake O’Neill Campsite</p>	<p>For more information: Winona Britt at <a href="mailto:Winona.Britt@usmc.mccs.org">Winona.Britt@usmc.mccs.org</a> 760-725-3175 or <a href="http://www.mccscp.com/efmp-calendar">www.mccscp.com/efmp-calendar</a></p>

## Community Agencies

Also see the 'more parent resources' page on the NCCSE website at <http://www.nccse.org/parents/more-parent-resources>

Agency	Services	Contact Information
Able-Disabled Advocacy	New program to increase broadband access for persons with disabilities, seniors and people who meet low income guidelines. Free computer classes and computers to eligible applicants. Low cost internet access available.	619-231-5990 x 318
Autism Society San Diego	Information, support groups, resources, events	858-715-0678 or online at <a href="http://www.autismsocietysandiego.org">www.autismsocietysandiego.org</a>
The Balanced Mind Foundation	Information, support, resources, events related to mood disorders	Online at <a href="http://www.thebalancedmind.org">www.thebalancedmind.org</a>
Children in Need Administered by staff of San Diego County Health and Human Services Agency	Financial assistance for enrichment activities for children in group or foster homes or in financial need	Online at: <a href="http://www.childreninneedsd.org">www.childreninneedsd.org</a>
CHADD (Children and Adults with Attention Deficit/Hyperactivity Disorder)	Information, support, resources	Online at: <a href="http://www.chadd.org">www.chadd.org</a>
Developmental Disabilities Area Board XIII	Information, advocacy, resources	1-800-748-2055, email <a href="mailto:ab13@scdd.ca.gov">ab13@scdd.ca.gov</a> Online at: <a href="http://www.scdd.ca.gov/Area_Board/13/Visitor_Information.htm">www.scdd.ca.gov/Area_Board/13/Visitor_Information.htm</a>
Down Syndrome Association of San Diego	Information, support and social opportunities	For support group information in North San Diego County, contact Trish Shortal, 760-761-5524. Online at <a href="http://www.dsasonline.org">www.dsasonline.org</a>
Epilepsy Foundation of San Diego	Information, support groups, workshops	619-296-0161 or online at <a href="http://www.epilepsysandiego.org">www.epilepsysandiego.org</a>
Exceptional Family Member Program	For military families: Information, support, support groups, workshops, family activities	Online at <a href="http://www.mccscp.com/efmp">www.mccscp.com/efmp</a> Facebook: <a href="https://www.facebook.com/pages/MCCSE-Camp-Pendleton-EFMP/166936380037883">www.facebook.com/pages/MCCSE-Camp-Pendleton-EFMP/166936380037883</a>



Agency	Services	Contact Information
Exceptional Family Resource Center	Emotional and informational support to families who have children with disabilities. Info on local support groups, recreation activities, resources.	North County branch 760-761-5553 Central Office 800-281-8252 Online at <a href="http://www.efrconline.org">www.efrconline.org</a>
Healthy Families	No cost Medi-Cal and low cost Healthy Families coverage for medical, dental and vision services for children up to age 19	To see if your child is eligible, call 1-800-880-5305 or <a href="http://www.healthy-families.us">www.healthy-families.us</a>
Help Now! Free Online Homework Help Provided by the California Public Library Service	Free homework help available every day from 1:00 pm – 10:00 pm. Kindergarten through adult with expert tutors for one-on-one tutoring. Public library card and internet access required.	Go to <a href="http://www.sandiego.gov/public-library/kidsandteens/hwcenter.shtml">www.sandiego.gov/public-library/kidsandteens/hwcenter.shtml</a> Click on 'help now' in the 'Homework Help Center' and put in your library card number.
International Bipolar Foundation	Information, support groups, resources, events	Online at: <a href="http://www.internationalbipolarfoundation.org">www.internationalbipolarfoundation.org</a>
Learning Disabilities Association of San Diego	Information, support, resources, events	(858) 467-9158 Online at <a href="http://www.lidasandiego.org">www.lidasandiego.org</a>
NAMI California	Information, support, resources, events	Online at <a href="http://www.namicalifornia.org">www.namicalifornia.org</a>
The Painted Turtle	Free camp programs for children with serious medical conditions and their families. Founded by Paul Newman.	<a href="http://www.thepaintedturtle.org">www.thepaintedturtle.org</a>
San Diego Futures Foundation	Financial help for internet connection for those with low incomes, seniors, people with disabilities, families with children. Help available in English, Spanish, Arabic.	1-619-855-8007
San Diego Regional Center	A variety of services for people with developmental disabilities.	San Marcos Office 760-736-1200 Online at <a href="http://www.sdrc.org">www.sdrc.org</a>

<b>Agency</b>	<b>Services</b>	<b>Contact Information</b>
<p>Southern California Fetal Alcohol Spectrum Disorders (FASD) Information &amp; Support Network. (Southern California branch of CalFAS, the California Fetal Alcohol Spectrum Organization. CalFAS is the state affiliate of NOFAS, the National Fetal Alcohol Spectrum Organization; see nofas.org)</p>	<p>Information and support for parents, caregivers, advocates, educators and treatment professionals of persons who have been diagnosed with or who are suspected of having a fetal alcohol disorder.</p>	<p>Valerie Lipow 760-730-1972 vallipow@aol.com <a href="https://sites.google.com/site/socalfasdnetwork">https://sites.google.com/site/socalfasdnetwork</a></p>
<p>Together We Grow</p>	<p>Care center for medically fragile children, offering pediatric child care, skilled nursing care, infant care, preschool, medically fragile overnight respite weekends (6 weeks through 21 years old), sensory integration. San Diego Regional Center and/or Medi-Cal funded for eligible children. Funding may also be available through the military for active duty Marines or Navy personnel.</p>	<p>For more information, contact Annette Reyes, 760-757-6031 or <a href="mailto:Annette@togetherwegrow.net">Annette@togetherwegrow.net</a></p>
<p>TSA Cares (Transportation Security Administration)</p>	<p>Help line to assist airline travelers with disabilities and/or medical conditions. Call 72 hours in advance for information about what to expect at security checkpoints based on passengers specific disabilities/medical condition. If needed TSA Cares will coordinate with a TSA Customer Service Agent at the airport.</p>	<p>Call 1-855-787-2227 Online at: <a href="http://www.tsa.gov/traveler-information/travelers-disabilities-and-medical-conditions">www.tsa.gov/traveler-information/travelers-disabilities-and-medical-conditions</a></p>

## INFORMACIÓN EN ESPAÑOL

**Próxima Junta del Comité Asesor Comunitario (CAC)**

**MIÉRCOLES, 22 de enero, 2014**

**6:30 PM – 8:30 PM**

**North County Regional Education Center, 255 Pico Avenue, San Marcos, CA 92069**

**NUEVOS TALLERES PARA PADRES - GRATIS PARA LOS PADRES DENTRO DE LOS DISTRITOS ESCOLARES DE NCCSE**

Los talleres y reuniones del Comité Asesor Comunitario de NCCSE son gratis para los padres cuyos hijos asisten a escuelas dentro de los distritos escolares que son parte de NCCSE: Bonsall Union, Cardiff, Carlsbad Unified, Del Mar Union, Encinitas Union, Fallbrook Union Elementary, Fallbrook Union High, Oceanside Unified, Rancho Santa Fe, San Dieguito Union High, San Marcos Unified, Solana Beach, Vista Unified, y Vallecitos. También son gratis para las familias cuyos hijos reciben servicios del Programa Comienzo Temprano California (California Early Start)

Para más información acerca de los talleres, visite nuestra página web [www.nccse.org/talleres/inscribase-a-nuestros-talleres](http://www.nccse.org/talleres/inscribase-a-nuestros-talleres) o llame gratis a la línea de información en español para padres al 1-888-797-5575.

Fechas y Horarios	Temas, Oradores, Audiencias	Lugar	Inscripción
jueves, 30 de enero 6, 13 de febrero 6, 13 y 20 de marzo  6:00 pm – 8:00 pm	<p><b><i>EDUCANDO A LOS HIJOS CON AMOR Y LOGICA: Un programa de seis sesiones creado por el Instituto Love and Logic (TM) (Amor y Logica)</i></b></p> <p><b><i>Descripción:</i></b> Aprenda como:</p> <ul style="list-style-type: none"> <li>• Poner fin a las discusiones, respuestas irrespetuosas, y caprichos de sus hijos</li> <li>• Enseñar responsabilidad sin perder su amor</li> <li>• Establecer limites sin declarar la guerra</li> <li>• Evitar luchas de poder</li> <li>• Guiar a sus hijos a asumir y resolver sus problemas</li> <li>• Enseñar a sus hijos a completar las tareas sin recordatorios y sin paga</li> </ul> <p>¡Este programa esta disenado para que aprenda habilidades practicas que pueden ser utilizadas inmediatamente!</p> <p><b>Presentado en inglés con interpretación en español.</b></p>	Oceanside Unified School District Educational Support Services Bldg., Room 1 2080 Mission Avenue Oceanside 92058	GRATIS Para más información póngase en contacto con Fabiola Vasquez <a href="mailto:fvasquez@sdcoe.net">fvasquez@sdcoe.net</a> o 760-761-5119

Fechas y Horarios	Temas, Oradores, Audiencias	Lugar	Inscripción
<p>sábado, 8 de febrero, 2014</p> <p>9:00 am – 1:30 pm</p> <p>Almuerzo/comida por cuenta propia</p>	<p><b>Los ABCs de los IEPs para padres de familia</b>  <b>Público Objetivo:</b> Padres, familiares y tutores legales.  <b>Descripción:</b> Si usted es el padre de un estudiante que recibe servicios de educación especial no se pierda este taller. Aprenda directamente de los administradores del distrito y padres de familia los detalles prácticos acerca del proceso del Programa Individualizado de Educación, conocido por sus siglas en inglés como IEP y como crear alianzas que trabajen para el mejor interés de su hijo. Se invita a los padres de familia, traer el Programa Individualizado de Educación de su estudiante para revisarlo durante el taller.  <b>Presentado en inglés con interpretación en español.</b></p>	<p>North County Regional Education Center 255 Pico Avenue San Marcos 92069</p>	<p>GRATIS Para más información póngase en contacto con Fabiola Vasquez <a href="mailto:fvasquez@sdcoe.net">fvasquez@sdcoe.net</a> o 760-761-5119</p>
<p>sábado, 8 de febrero</p> <p>Almuerzo/comida por cuenta propia</p> <p>9:00 am – 3:30 pm</p>	<p><b>S'cool Moves: Actividades para el hogar que apoyan las metas del IEP</b>  <b>Descripción:</b> S'cool Moves enseña a los estudiantes actividades neurosensoriales para el éxito académico. Fue desarrollado por Debra Em Wilson, MA, una especialista de lectura que encontró que algunas de las actividades del movimiento ayudaron a sus estudiantes y su propia hija a leer y concentrarse en clase. Patti compartirá estrategias para ayudar a su hijo a cumplir sus metas del IEP mejorando la disposición de su hijo a aprender.  ¡Este taller es práctico, animado y divertido! ¡Use ropa cómoda y prepárese para moverse y estirarse! Usted se alegrará de haber asistido!  <b>El cupo está limitado a 20 personas.</b>  <b>Presentado en inglés con interpretación en español.</b></p>	<p>North County Regional Education Center 255 Pico Avenue San Marcos 92069</p>	<p>GRATIS Para más información póngase en contacto con Fabiola Vasquez <a href="mailto:fvasquez@sdcoe.net">fvasquez@sdcoe.net</a> o 760-761-5119</p>

## Talleres, Conferencias de Otras Agencias

Un recordatorio para los padres/familiares/tutores legales: asegúrense de verificar que se han completado comprobaciones de antecedentes y huellas dactilares de todos los proveedores de su hijo.

Fechas y Horarios	Temas	Localidad	Inscripción
domingo, 15 de diciembre, 2013  1:00 pm – 4:00 pm	<b><i>Fiesta anual de Navidad de DSA</i></b> Acompáñenos a una comida navideña, Santa, regalos y entretenimiento	Hotel y Marina Sheraton de San Diego Marina Tower Salón de fiestas Harbor Island 1380 Harbor Island Dr. San Diego, 92101	Miembros de DSA y familia inmediatamente: Adulto \$20, Niño \$12, Bebés gratis Invitados: Adulto \$30, Niño \$15, Bebés gratis Inscíbese en línea a <a href="http://holidaysocial.kintera.org/dsasd">http://holidaysocial.kintera.org/dsasd</a> Para más información: 619-594-7389

## Agencias Comunitarias

Also see the 'more parent resources' page on the NCCSE website at [www.nccse.org/padres-de-familia/mas-recursos-para-padres](http://www.nccse.org/padres-de-familia/mas-recursos-para-padres)

Agencia	Servicios	Información para Contacto
Exceptional Family Resource Center Centro de Recursos para Familias Excepcionales - EFRC	Grupos de apoyo, información sobre programas, eventos y servicios locales, estatales y nacionales, fuentes de recursos y biblioteca.	Eje del Condado Norte 760-761-5553 Eje Central 800-281-8252 Sitio de Internet: <a href="http://www.efrconline.org">www.efrconline.org</a>
Ayuda Gratuita para tus Tareas en Línea	Tutoría gratuita en línea, un servicio de la Biblioteca Pública de California, disponible diariamente de la 1:00 pm a las 10:00 pm puedes solicitar sesiones de 30 minutos con un tutor.	Cuando abras este enlace: <a href="http://www.sandiego.gov/public-library/kidsandteens/hwcenter.shtml">www.sandiego.gov/public-library/kidsandteens/hwcenter.shtml</a> verás el título "Homework Help Center" selecciona "Help Now" y se abrirá la ventanilla donde puedes poner el #de tu tarjeta de la Biblioteca Pública para empezar una sesión.
San Diego Futures Foundation	Ayuda para gente de bajos recursos, familias con niños, personas mayores y con discapacidades sin correos electrónicos y computadoras.	Hablamos español. 1-619-855-8007
San Diego Regional Center Centro Regional de San Diego - SDRC	Servicios para personas con discapacidades. Biblioteca y apoyo para los padres de familia.	Apoyo para Padres 760-736-1200 Sitio de Internet: <a href="http://www.sdrc.org">www.sdrc.org</a>

