

Self-Determination Information Sessions are Coming!

Q. What is the Self-Determination Program?

A. The Self-Determination Program allows participants the opportunity to have more control in developing their service plans and selecting service providers to better meet their needs. The principles of Self-Determination include:

- **Freedom** to exercise the same rights as all citizens; to establish, with freely chosen supports, family and friends, where they want to live, with whom they want to live, how their time will be occupied, and who supports them;
- **Authority** to control a budget in order to purchase services and supports of their choosing;
- **Support**, including the ability to arrange resources and personnel, which will allow flexibility to live in the community of their choice;
- **Responsibility**, which includes the opportunity to take responsibility for making decisions in their own lives and accept a valued role in their community, and
- **Confirmation**, in making decisions in their own lives by designing and operating the service that they rely on.

Q. When does the Self-Determination Program start; can I enroll now?

A. The program will be available once the state receives approval on the self-determination program federal waiver application. Upon approval of the Waiver application, the Self-Determination Program will be implemented for up to 2,500 participants state-wide (194 for San Diego) during the first three years. After this three year phase-in period, the program will be available to all clients. In order to be considered for one of the first spots, it is required that you attend an information session. Following attendance, if you are interested in the program, the individual's name will be submitted to the Department of Developmental Services (DDS) to enter their selection process. ****See the back of this flyer for a schedule of upcoming information sessions in the San Diego/Imperial Counties region.**

Q. How can I keep updated on the progress of the Self-Determination Program? How can I learn more about the Self-Determination Program?

A. Information is available, and updates will be posted as they become available on the DDS Self-Determination website (www.dds.ca.gov/SDP/) To sign up for updates, please send an email to sdp@dds.ca.gov and ask to be included on the update notification list. Information is also available on our website www.sdrc.org, and through your Service Coordinator.

Q. How do I register to attend an information session?

A. When you receive this, please visit the San Diego Regional Center website at www.sdrc.org Go to the tab that says 'about us' and then to the page for Self-Determination. We will have a reservation system set up and a link to RSVP. You only need to attend one session. We may add more sessions, and/or make some changes to the scheduled meetings on this flyer – please check the website to confirm dates/times/locations/languages offered. If you cannot utilize a computer, contact your Service Coordinator for assistance.

Q: Can I attend a Local Advisory Committee Meeting?

A: Yes! Meetings are open to the public and generally occur once/month. Check the SDRC website for the next meeting – posted on the Self Determination page.

Current Schedule of Information Sessions on Self-Determination – San Diego & Imperial Counties

*****Please check the SDRC website to confirm dates/times/locations/languages offered, to find additional dates not listed below, and to RSVP for your preferred session*****

www.sdrc.org (About us / Self Determination)

SDRC Office KEARNY MESA: 4355 Ruffin Road, San Diego 92123

1. Monday 1/29/18 6:00pm in Suite 100
FAADD Meeting (Filipino American Association for Developmental Disabilities)
***** This is a regular meeting of the FAADD group and the session will be offered in Tagalog**
2. Tuesday 1/30/18 10:00am-11:30am
 - a. Suite 100 – Spanish
 - b. Suite 118 – English / Vietnamese translation
3. Tuesday 1/30/18 6:30pm-8:00pm
 - a. Suite 100 – Spanish
 - b. Suite 118 – English / Vietnamese translation
4. Saturday 2/10/18 10:00am – 11:30am
 - a. Suite 100 – Spanish
 - b. Suite 118 – English / Tagalog translation

SDRC Office CARLSBAD: 5931 Priestly Drive Suite 100, Carlsbad 92008

1. Tuesday 2/20/18 6:30pm - 8:00pm English / Spanish Translation
2. Thursday 2/22/18 2:30pm – 4:00pm English
3. Tuesday 2/27/18 3:30pm – 5:00pm English / Spanish Translation

SDRC Office NATIONAL CITY: 2727 Hoover Avenue, Suite 100 National City, 91950

1. Wednesday 1/31/18 5:30pm – 7:00pm English / Spanish Translation
2. Friday 2/16/18 10:00am – 11:30am English / Spanish Translation

SDRC Office SANTEE: 8760 Cuyamaca St, Suite 100 Santee, CA 92071

1. Thursday 2/1/18 1:30pm – 3:00pm English
2. Wednesday 2/7/18 6:00pm – 7:30pm English / Spanish Translation
3. Thursday 2/15/18 3:30pm – 5:00pm English / Spanish Translation

SDRC Office IMPERIAL VALLEY/EL CENTRO: 512 West Aten Road Imperial, CA 92251

1. Thursday 2/8/18 5:30pm – 7:00pm Spanish
2. Wednesday 2/28/18 11:00am – 1:00pm English / Spanish Translation

*****This session/workshop will be hosted by Disability Rights**

Other Session/location offered:

2/8/18 Nor, LLC: 2160 Fletcher Parkway B6 El Cajon, CA 92020 2:00pm – 3:30pm

***** This Session will be offered In Arabic**